

We are a group of local families putting our hearts into bringing food made from whole, sustainable, Midwestern ingredients to our community. Thank you to our local partners:

Diamond City Bread of Elk River
Nadia Cakes of Maple Grove
Bushel Boy of Owatonna
The Winsted Farm of Winsted

Iron Shoe Farm of Princeton
Shamrock Group of Minneapolis
Meister Cheese of Muscoda
Dehmer's Meats of St. Michael

ROCKWOODS

starters

Burnt Ends Nachos

House-fried tortilla chips, smoked brisket ends, cheddar jack cheese, pickled jalapenos, bourbon bacon BBQ, jalapeno crema 13.95

Lettuce Wraps

Chicken, wild rice, Asian slaw, peanuts, sweet chili sauce, Romaine lettuce 12.95

Smoked Walleye Cakes

Smokey tomato ranch, arugula, microgreens 13.95

Smoked Brisket Poutine

Hand-cut fries, smoked brisket, Ellsworth cheese curds, BBQ demi-glace 13.95

Whiskey Barrel Drumsticks

Iron Shoe Farm free-range chicken, Surly Furious brined, whiskey barrel smoked, smothered in Bourbon Bacon BBQ 12.95

Jalapeno Artichoke Dip

Cream cheese, spinach, artichoke, jalapeno, parmesan, grilled rosemary focaccia, fresh vegetables 12.95

Chicken Wings upon request

Choose 1: Traditional or Boneless 13.95

Ghost Pepper 	Buffalo 
Jamaican Jerk 	Cajun Dry Rub 
Bourbon Bacon BBQ 	Sweet Chili 
Nashville Hot 	Teriyaki

Street Tacos

Choose 1: Shrimp, Brisket, or Chicken
Three corn tortillas, shredded lettuce, salsa, queso fresco, lime wedge 12.95

Seared Steak Tips

Peppers, onions, baby arugula, béarnaise 13.95

Calamari Fries

Breaded & fried, cedar smoked red onion remoulade 13.95

Jumbo Buffalo Shrimp

Breaded & fried Gulf shrimp, shaved celery & carrots, bleu cheese dressing 15.95

soups

Creamy Chicken Wild Rice or Soup of the Day

Cup 4.95 | Bowl 7.95

salads

Top any salad:

chicken add 5 steak add 8
salmon add 9 shrimp add 8

House Salad upon request

Mesclun greens, pepper, onion, house-made rosemary focaccia croutons, dressing choice
Small 6.95 | Large 9.95

Caesar Salad upon request

Romaine lettuce, parmesan, house-made rosemary focaccia croutons, Caesar dressing
Small 6.95 | Large \$9.95

Smoked Chicken Cobb

Mixed lettuce, applewood smoked chicken, house-smoked bacon, boiled egg, tomato, artichoke, red onion, avocado, honey mustard dressing 15.95

Bistro Steak Salad

Spring greens, sliced 6oz strip steak, onion, asparagus, tomato, bleu cheese crumble, balsamic glaze, lemon vinaigrette 15.95

Thai Chicken Salad

Napa and Romaine lettuce, grilled chicken, jicama, carrot, pepper, mango, pineapple, cilantro, wonton chips, peanut sauce, chili honey lime dressing 15.95

Wedge Salad

Iceberg wedge, house-smoked bacon, Amablu crumbles, red onion, dressing choice 14.95

Warm Seven Grain

Seven grains served warm, sweet potato, spinach, Honeycrisp apple, toasted almonds, candied pomegranate, Chevre cheese, maple syrup vinaigrette 14.95

burgers

with hand-cut fries

upgrade to sweet potato tots add 1

upgrade to fruit add 1

side of seasoned sour cream add 1

Five Napkin Burger

Two hand-ground steak patties, house-smoked bacon, Wisconsin sharp cheddar, caramelized onions, Sriracha mayo, pub bun 14.95

Beer Cheese Lucy

1/2lb Angus beef patty stuffed & topped with Steel Toe Size 7 beer cheese, crispy onions, honey mustard, pretzel roll 14.95

Diablo Burger

1/2lb Angus beef patty ghost pepper seasoned, cream cheese, red pepper jelly, crispy jalapenos, jalapeno cheddar bun 14.95

Brisket Bacon & Egg Burger

Beef brisket & house-cured bacon ground together, hand-pattied, smash griddled, topped with a fried egg, pub bun 14.95

Turkey Bacon Melt

1/3lb ground turkey patty, smoked mozzarella, fresh spinach, house-smoked bacon, caramelized onions, sun dried tomato aioli, grilled ciabatta 14.95

Grilled Cheese Cheeseburger

1/4lb hand-ground steak patty, American cheese, dill pickles, sliced sourdough bread 11.95

The Big Tex

1/2lb Angus beef patty charbroiled, house-smoked bacon, Bourbon Bacon BBQ, sharp cheddar, crispy onions, pub bun 14.95

Rockwoods Burger

1/2lb Angus beef patty, lettuce, tomato, onion, pub bun 12.95

toppings add 1 each: house-smoked bacon, caramelized onions, sautéed mushrooms, American, Swiss, pepper jack, cheddar

handhelds

with hand-cut fries

upgrade to sweet potato tots add 1

upgrade to fruit add 1

side of seasoned sour cream add 1

Grilled Chicken Sandwich

Chicken breast, house-made bread & butter pickles, lettuce, tomato, onion, pub bun, side of honey mustard 14.95

Fried Chicken Sandwich

Choose 1: Honey Dipped or Nashville Hot  House-made bread & butter pickles, lettuce, tomato, onion, pub bun, side of honey mustard 13.95

BBQ Beef Melt

Slow smoked beef shoulder, house-made Red Eye BBQ, cheddar & gouda cheese, bread & butter pickles, pickled jalapenos, toasted sourdough 12.95

Italian Beef Sandwich

Shaved prime rib, giardinara, French hoagie, dipped in au jus \$14.95

Crispy Pork Schnitzel

Tender pork loin hand-breaded & fried crispy, lettuce, tomato, onion, mayo, yellow mustard, bread & butter pickles, pub bun 13.95

BBQ Pulled Pork, Beef, or Chicken

Choose 1: Applewood smoked pork shoulder, beef shoulder, or local Iron Shoe Farm chicken

Each option is smoked onsite and served on a pub bun with our trio of house-made BBQ sauces on the side 14.95

Walleye Wrap

Our pan-fried walleye, sliced almonds, shredded lettuce, tartar sauce, flour tortilla (hoagie bun upon request) 19.95

Mahi Mahi Tacos upon request

Seasoned mahi-mahi, cabbage, black bean corn salsa, & cilantro sour cream in flour tortillas (corn tortillas upon request), side of southwestern rice pilaf (does not come with fries) 15.95



Signature Item



Gluten Sensitive



Spicy

'Gluten Sensitive' indicates that this item does not have gluten in any of its ingredients, but we do use high gluten flour in our kitchen, there is a chance of cross-contamination on all menu items, especially if you have a medical condition.

backwater BBQ

 all items available gluten-free upon request

Slow smoked in our custom built pit, and served with a trio of house-made signature BBQ sauces

choose 2 sides:

hand-cut fries
smoked bacon baked beans
coleslaw
mac'n'cheese

Beef Brisket

Certified Angus beef smoked over Minnesota Red Oak, sourdough toast
Half Pound 15.95 | Full Pound 23.95

Spare Ribs

St Louis style spare ribs smoked over oak & pecan, sourdough toast
Half Rack 17.95 | Full Rack 28.95

BBQ Half Chicken

House smoked & Bourbon Bacon BBQ glazed 16.95

from the water

Fridays only 4p-supplies last **Friday Night Seafood Boil**    upon request

Maine lobster tail, Alaskan snow crab, diver sea scallops, jumbo shrimp, Prince Edward Island mussels, little neck clams, andouille sausage, sweet corn, red potatoes, Cajun butter 39.95

Pan-Fried Walleye upon request

Lightly breaded cold-water fillet, toasted almonds, wild rice pilaf, chef's vegetable 24.95

Fish & Chips

Surly Hell beer battered cod, hand-cut fries, house-made garlic aioli, coleslaw 15.95

Cedar Plank Salmon

Wood fire roasted with sweet potatoes two ways, kale, Brussel sprouts, house bacon, pecans, craisins, MN maple syrup drizzle 23.95

Snow Crab

Alaskan crab legs, boiled & tossed in Cajun butter, red potatoes, sweet corn on the cob
Half Pound 18.95 | Full Pound 31.95

wood oven pizza

Classic hand-tossed pizza crust with our signature cheese blend

12inch 10.95 | 16inch 18.95

Sauces

classic red, buffalo red , alfredo, garlic olive oil, Bourbon Bacon BBQ 

Toppings

12" add \$2 each or 16" add \$3 each
(for quality we recommend no more than 4 toppings)

Meats

smoked pulled chicken
smoked pulled beef
smoked pulled pork
pepperoni
Italian sausage
Canadian bacon
prosciutto
hamburger
anchovies
bacon

Specialty Cheeses

hand-pulled mozzarella
cheddar
blue cheese crumbles

Other

pineapple
fresh basil
garlic

Vegetables

onions
mushrooms
green olives
black olives
artichoke hearts
bell peppers
celery
jalapenos
tomatoes
pickles



steak house

always fresh, never frozen, and hand-cut in house

with au gratin potatoes & chef's vegetables

our chefs select & hand-cut only the choicest Midwestern USDA inspected beef

6 oz. **Filet Mignon** 31.95

8 oz. **Petite Tender Steak** 20.95

10 oz. **New York Strip** 27.95

14 oz. **Ribeye** 32.95

Sundays only* **Mesquite Smoked Prime Rib *4p-supplies last**

10oz 21.95 | 12oz 24.95 | 16oz 28.95

Pittsburgh Rare	Rare	Medium Rare	Medium	Medium Well	Well Done
charred outside, cold red center*	Cool red center*	warm red center*	warm pink center*	slightly pink center*	no pink, cooked through

embellishments

sautéed mushrooms add 3 béarnaise sauce add 2
 caramelized onions add 3 red wine demi-glace add 3
 horseradish sauce add 1 Cajun blackened add 1
 bleu cheese crust add 3

pasta

Available gluten-free upon request

Chicken Champagne

Linguini pasta, breaded chicken breast, spinach, sundried tomato, parmesan cheese, champagne sauce 17.95

Shrimp & Scallop Pomodoro

Angel hair pasta, jumbo diver scallops, Gulf shrimp, parmesan, fresh tomato, fresh basil, lemon scampi sauce 22.95

Bourbon Street

Penne pasta, chicken, andouille sausage, mushroom, tomato, green onion, Cajun cream sauce 17.95

Lobster Mac

Cavatappi pasta, Maine lobster, vine-ripened tomato, fresh herbs, buttered breadcrumbs boursin & gouda cheese sauce 23.95

homestyle

Beef Pot Roast

Braised in red wine & beef stock, mashed potatoes & chef's vegetable 19.95

Osso Bucco *upon request*

Pork shanks braised with hard apple cider, served over Honeycrisp apple fig risotto 19.95

Chicken Pot Pie

Slow cooked white & dark meat chicken, wild rice, English peas, carrots, puff pastry, baked in wood oven 15.95

Chicken Confit



Slow cooked leg & thigh, potato gnocchi, prosciutto, asparagus, spinach, bordelaise 19.95

Grilled Meatloaf

Hearty 10 oz. portion, mashed potatoes, beef gravy, chef's vegetable 15.95

Early Bird Special

Signature Item

Gluten Sensitive

Spicy

Early Bird Special Items are each just \$12.95 between 4-5pm daily!

**Consuming raw and undercooked meats may increase your risk of food borne illness, especially if you have a medical condition. 'Gluten Sensitive' indicates that this item does not have gluten in any of its ingredients, but we do use high gluten flour in our kitchen, there is a chance of cross-contamination on all menu items, especially if you have a medical condition.*