

welcome to lunch at ROCKWOODS

We are a group of local families putting our hearts into bringing food made from whole, sustainable, Midwestern ingredients to our community.



10.95 lunch buffet & salad bar

****Monday-Friday 11:00am-1:00pm****

All-you-can-eat salad bar, soups, pizzas, desserts,
& multiple chef's choice hot entrées

soup

Creamy Chicken Wild Rice 
or Soup of the Day
Cup \$4.95 | Bowl \$7.95

starters & small plates

Whiskey Barrel Drumsticks 
Iron Shoe Farm free-range chicken,
Surlly Furious brined, whiskey barrel smoked,
Bourbon Bacon BBQ side 12.95

Smoked Walleye Cakes
Smokey tomato ranch, arugula, microgreens
13.95

Street Tacos 
Choose 1: Shrimp, Brisket, or Chicken
Three corn tortillas, shredded lettuce, salsa,
queso fresco, lime wedge 12.95

Tuscan Bruschetta
Toasted Diamond City rosemary focaccia, thick
sliced mozzarella, Bushel Boy tomatoes, extra
virgin olive oil, garlic, balsamic glaze, fresh basil,
sea salt 9.95

Calamari Fries
Breaded & fried, cedar smoked red onion
remoulade 13.95

Chicken Wings  upon request
Choose 1: Traditional or Boneless 13.95
Ghost Pepper  Buffalo 
Jamaican Jerk  Cajun Dry Rub 
Bourbon Bacon BBQ  Sweet Chili 
Nashville Hot  Teriyaki

salads

Top any salad:
chicken add 5 steak add 8
salmon add 9 shrimp add 8

House Salad  upon request
Mesclun greens, pepper, onion,
house-made rosemary focaccia croutons,
dressing choice Small \$6.95 | Large \$9.95

Caesar Salad  upon request
Romaine lettuce, parmesan, house-made
rosemary focaccia croutons,
Caesar dressing Small \$6.95 | Large \$9.95

Smoked Chicken Cobb 
Mixed lettuce, applewood smoked chicken,
house-smoked bacon, boiled egg, tomato,
artichoke, red onion, avocado, honey mustard
dressing 15.95

Bistro Steak Salad 
Spring greens, sliced 6oz strip steak, onion,
asparagus, tomato, bleu cheese crumble,
balsamic glaze, lemon vinaigrette \$15.95

Thai Chicken Salad
Napa and Romaine lettuce, grilled chicken,
jicama, carrot, pepper, mango, pineapple,
cilantro, wonton chips, peanut sauce, chili honey
lime dressing \$15.95

Wedge Salad 
Iceberg wedge, house-smoked bacon,
Amablu crumbles, red onion,
dressing choice 14.95

Warm Seven Grain
Seven grains served warm, sweet potato,
spinach, Honeycrisp apple, toasted almonds,
candied pomegranate, Chevre cheese, maple
syrup vinaigrette 14.95



Signature Item

 Gluten Sensitive

 Spicy

'Gluten Sensitive' indicates that this item does not have gluten in any of its ingredients, but we do use high gluten flour in our kitchen, there is a chance of cross-contamination on all menu items, especially if you have a medical condition.

burgers

with hand-cut fries

upgrade to sweet potato tots add 1

upgrade to fruit add 1

add seasoned sour cream add 1

5 Napkin Burger 🔥

Two hand-ground steak patties, house-smoked bacon, Wisconsin sharp cheddar, caramelized onions, Sriracha mayo, pub bun 14.95

Beer Cheese Lucy

1/2lb Angus beef patty stuffed & topped with Steel Toe Size 7 beer cheese, crispy onions, honey mustard, pretzel roll 14.95

Diablo Burger 🔥🔥

1/2lb Angus beef patty ghost pepper seasoned, cream cheese, red pepper jelly, crispy jalapenos, jalapeno cheddar bun 14.95

Brisket Bacon & Egg Burger

Beef brisket & house-cured bacon ground together, hand-pattied, smash griddled, topped with a fried egg, pub bun 14.95

Turkey Bacon Melt

1/3lb ground turkey patty, smoked mozzarella, house-smoked bacon, caramelized onions, sun dried tomato aioli, grilled ciabatta 14.95

Grilled Cheese Cheeseburger

1/4lb hand-ground steak patty, American cheese, dill pickle chips, sliced sourdough bread 11.95

The Big Tex

1/2lb Angus beef patty charbroiled, house smoked bacon, bourbon bacon BBQ, sharp cheddar, crispy onions, pub bun 14.95

Rockwoods Burger

1/2lb Angus beef patty, lettuce, tomato, onion, pub bun 12.95

add toppings add \$1 each:

house-smoked bacon, caramelized onions, sautéed mushrooms, American, Swiss, pepper jack, cheddar

homestyle

All available gluten sensitive upon request 🌿

Smoked Brisket Mac

Cavatappi pasta, house-smoked brisket, three-cheese sauce 14.95

Bourbon Street Pasta

Penne pasta, chicken, andouille sausage, mushroom, tomato, green onion, Cajun cream sauce 16.95

Spare Ribs

St Louis style spare ribs smoked over oak & pecan, sourdough toast, hand-cut fries, coleslaw
Half Rack 17.95 | Full Rack 28.95

wood fired pizza ****Not available during the lunch buffet****

Classic hand-tossed pizza crust with our signature cheese blend baked in our oak wood burning oven

SIZES: 12inch 10.95 (add \$2 per topping) 16inch 18.95 (add \$3 per topping)

SAUCES: classic red, buffalo red 🔥, alfredo, garlic olive oil, Bourbon Bacon BBQ 🔥

TOPPINGS: Smoked Pulled Chicken, Smoked Pulled Pork, Smoked Pulled Beef, Pepperoni, Italian sausage, Canadian bacon, prosciutto, hamburger, bacon, rotisserie chicken, anchovies, onions, mushrooms, pineapple, green or black olives, bell peppers, celery, jalapeno peppers, tomatoes, garlic, cheddar cheese, blue cheese crumbles, fresh mozzarella, fresh basil, pickles

handhelds

with hand-cut fries

upgrade to sweet potato tots add 1

upgrade to fruit add 1

add seasoned sour cream add 1

Grilled Chicken Sandwich

House-made bread & butter pickles, lettuce, tomato, onion, pub bun, side of honey mustard 14.95

Fried Chicken Sandwich

Choose 1: Honey Dipped or Nashville Hot 🔥
House-made bread & butter pickles, lettuce, tomato, onion, pub bun, side of honey mustard 13.95

BBQ Beef Melt 🔥

Slow smoked beef shoulder, house-made Red Eye BBQ, cheddar & gouda cheese, bread & butter pickles, pickled jalapenos, toasted sourdough 12.95

Italian Beef Sandwich 🔥

Shaved prime rib, giardinara, French hoagie, dipped in au jus 14.95

Crispy Pork Schnitzel

Tender pork loin hand-breaded & fried crispy, lettuce, tomato, onion, mayo, yellow mustard, bread & butter pickles, pub bun 13.95

BBQ Pulled Pork, Beef, or Chicken

Choose 1: Applewood smoked pork shoulder, beef shoulder, or Iron Shoe Farm free-range chicken, coleslaw, crispy onions, pub bun, trio of BBQ sauces 14.95

Walleye Wrap

Our pan-fried walleye, sliced almonds, shredded lettuce, tartar sauce, flour tortilla (hoagie bun upon request) 19.95

Mahi Mahi Tacos

Seasoned mahi-mahi, cabbage, black bean corn salsa, & cilantro sour cream in flour tortillas (🌿 corn tortillas upon request), side of southwestern rice pilaf (does not come with fries) 15.95